

A GUIDE TO THE INDIVIDUAL READY RESERVE

There is much more to the Individual Ready Reserve (IRR) than completing correspondence courses for retirement point credit. The following information will help explain the responsibilities, your benefits, and how to find out other information about the IRR.

1. Responsibilities. A member of the IRR has certain obligations required by public law and Naval Regulation. Visit “<http://www.nrpcweb.nola.navy.mil>” for more information. You must:

- a. Keep the Naval Reserve Personnel Center informed of:
 - Residence/Mailing Address/Phone Number
 - Marital/Dependency status
 - Civilian Employer /Occupation
 - Changes in education, licenses or skills
 - Changes in physical condition which could affect readiness
 - Any changes in status that could affect readiness for recall to active duty
- b. Participate in the Annual Screening Program by responding to **ALL** correspondence either by mail, phone, fax or via E-mail.
- c. Maintain physical readiness and obtain physicals when required.
- d. Maintain your uniforms in serviceable condition.
- e. Meet minimum participation requirements, specifically:
 - Officers with less than 20 years of qualifying service are required to earn a minimum of 27 points per anniversary year to remain in the IRR. **Note: A member must earn 50 points per anniversary year for a qualifying year for retirement.**
 - There is no minimum participation point requirement for Enlisted personnel with less than 20 years of qualifying service, however, deterioration of skills may affect your ability to reenlist or extend in the IRR.
 - Officers and Enlisted personnel with more than 20 years of qualifying service will be transferred to the Retired Reserve or the Standby Reserve until eligible to retire.
 - Navy Personnel Command (NPC) may transfer personnel who do not meet the minimum participation requirements to the Standby Reserve Inactive (S-2). Retirement point credit is not authorized while in S-2 status.

2. Benefits.

- a. Reenlistment/Extension – members of the IRR E-3 or above, may be eligible to reenlist for 2-6 years or extend for 2-4 years anytime during the last 12 months prior to their Expiration of Obligated Service (EOS) date, provided all eligibility requirements are met (participation, ECMO/CREO).
- b. Retirement – members of the IRR may receive retirement pay and benefits at age 60 if they accumulate 20 qualifying years of service. To obtain a qualifying year, members must earn a minimum of 50 points per year. Retirement points may be earned through:
 - Membership/gratuity points (15 points per year, credited automatically)
 - Completion of correspondence courses
 - One point per day for each day of Active Duty For Training (ADT)

- Participation in authorized programs, i.e. Campus Liaison, Sea Cadets, Naval Academy Information Program (formerly called Blue and Gold Program), Professional Seminars, etc. **Please note that you must be affiliated with a Voluntary Training Unit (VTU) to participate in some of these programs. Please include SSN with all inquiries about eligibility for authorized programs.**
- c. Dental Insurance- For more information and how to enroll contact United Concordia via telephone at 1-888-622-2256 or online at <http://www.ucci.com> by selecting the “TRICARE (TDP)” link.
- d. You have 120 days to convert your SGLI to VGLI, up to \$250,000 of Veteran’s Group Life Insurance (VGLI), call 1-800-419-1473 or go to the VA website at: <http://www.insurance.va.gov/sgliSite/default.htm> for more information.
- e. Reserve Component Survivor Benefit Plan (RCSBP) coverage upon retirement.
- f. Armed Forces Reserve Medal.
- g. Use of Military Exchange and Commissary with valid Identification card.
- h. Unlimited access to Category “C” MWR facilities (clubs, marinas, golf courses, etc.) with valid identification card .
- i. Department of Defense Guard and Reserve Family Member Identification Card (issued upon request to spouse and family members age 10-21 for exchange, MWR, etc.).

3. Promotion and Advancement.

- a. Enlisted personnel are not eligible to take an advancement exam or advance to the next higher grade while in the IRR.
- b. Officers are eligible for promotion while in an IRR status. It is important that officers, particularly LCDRs, understand that they are subject to attrition from an active status when twice failed to select for the next higher grade (see BUPERSINST 1001.39C, sec 105, for more information).

4. Active Duty for Training (ADT). A member of the IRR may request to perform up to 29 days of Active Duty for Training (ADT) with or without pay per year. This training is designed to update mobilization-related skills or may, in certain circumstances, provide fleet support. Contact Naval Reserve Personnel Center’s ADT Coordinator at 1-800-535-2699 or E-mail at “NRPC_ADT@navy.mil” for more information about the application procedure.

5. Correspondence Courses. IRR members may order and complete unclassified correspondence courses from the following activities to earn retirement point credit:

- Naval Education and Training Development Activity. Call 1-877-264-8583 or go to their web site at <https://www.courses.cnet.navy.mil> for more information.
- Naval Dental School, Bethesda, MD. Call: (301) 319-4832 (Dental officers only).
- Naval School of Health Sciences, Portsmouth, VA. Call: (757) 953-5042.
- Naval War College, Newport, RI. Call: (401) 841-2135 or online at <http://www.usnwc.edu/> .